

Cinque Terre Guide

What to See & Where to Eat

The Way To Italy



Cinque Terre, located on the rugged coastline of the Italian Riviera, is a picturesque region known for its colorful cliffside villages, stunning views, and delectable local cuisine. Here's a brief guide on what to see and where to eat in Cinque Terre.

What to See

MONTEROSSO AL MARE

- Monterosso Beach: Relax on the beautiful sandy beach and take a dip in the crystal-clear waters.
- Monterosso Old Town: Explore the charming historic center with its narrow streets, artisan shops, and pastel-colored buildings.
- Hike to San Fruttuoso Abbey: Take a scenic hike from Monterosso to the picturesque San Fruttuoso Abbey, a tranquil and historic complex nestled in a secluded cove. The trail offers breathtaking views of the coastline and the opportunity to explore the abbey and its surrounding

VERNAZZA

- Doria Castle: Visit the ancient castle for panoramic views of the village and the coastline.
- Vernazza Harbor: Stroll along the picturesque harbor, lined with colorful boats and waterfront cafes.
- Wine Tasting at Cantina du Sciacchetta: Visit a local wine shop or enoteca in Vernazza, such as Cantina du Sciacchetta, to sample the renowned Sciacchetra wine, a sweet and aromatic dessert wine produced in the region. Learn about the winemaking traditions and savor the unique flavors of this beloved local specialty.

What to See

CORNIGLIA

- Terrace of Santa Maria: Enjoy stunning views of the sea and surrounding vineyards from this panoramic terrace.
- Wander the Streets: Explore the tranquil streets of Corniglia and discover hidden gems like small local churches and quaint squares.

MANAROLA

- Scenic Pathways: Hike along the famous Via dell'Amore or the Sentiero Azzurro for breathtaking coastal views.
- Sunset Views: Capture the mesmerizing sunset over the village from strategic viewpoints.
- Swim and Sunbathe at Marina di Manarola: Enjoy a relaxing day at the Marina di Manarola, where you can swim in the clear waters of the Ligurian Sea and soak up the sun on the rocky shoreline. The small cove offers a tranquil and picturesque setting for a beach outing.

RIOMAGGIORE

- Riomaggiore Marina: Take a leisurely walk around the picturesque marina and enjoy the colorful ambiance.
- Church of San Giovanni Battista: Admire the charming 14th-century church and its peaceful surroundings.
- Explore the Via dell'Amore Coastal Path^{**}: Walk the Via dell'Amore (Path of Love), a scenic coastal trail that connects Riomaggiore to Manarola. Admire the stunning views of the sea and the rugged coastline while enjoying a leisurely stroll along this iconic pathway.

^{**}Opens May 2024

Where to Eat

MONTEROSSO AL MARE

Ristorante Miky

Offering a mix of traditional and creative cuisine, Ristorante Miky is renowned for its seafood dishes and attentive service. The restaurant features a lovely garden setting.

Opening Hours: Daily, 12:00 pm - 2:15 pm, 7:00 pm - 10:15 pm

Address: Via Fegina, 104, 19016 Monterosso al Mare SP, Italy

VERNAZZA

Belforte

Situated on a cliff overlooking the sea, Belforte

Opening Hours: Daily, 12:00 pm - 3:00 pm, 7:00 pm - 10:00 pm

Address: Via Guidoni, 42, 19018 Vernazza SP, Italy

Ristorante Vulnetia

Ristorante Vulnetia offers a delightful dining experience with a focus on fresh seafood, homemade pasta, and traditional Ligurian dishes. Situated in a charming setting, the restaurant provides both indoor and outdoor seating with beautiful views of the village.

Opening Hours: Daily, 12:00 pm - 3:00 pm, 7:00 pm - 10:00 pm

Address: Via Gavino, 36, 19018 Vernazza SP, Italy

Il Pirata delle Cinque Terre

Il Pirata delle Cinque Terre is a casual yet vibrant eatery known for its delectable seafood, paninis, and refreshing drinks. With its central location in Vernazza, it's an ideal spot for a relaxed meal or a quick snack while exploring the village.

Opening Hours: Daily, 11:00 am - 10:00 pm

Address: Piazza Marconi, 12, 19018 Vernazza SP, Italy

Where to Eat

CORNIGLIA

Enoteca Il Pirun

Enoteca Il Pirun is a cozy wine bar and restaurant offering a selection of local wines, artisanal cheeses, and savory dishes. With a welcoming atmosphere and a central location in Corniglia, it's an ideal spot to enjoy a relaxed meal or indulge in a wine and cheese tasting experience.

Opening Hours: Daily, 11:00 am - 10:00 pm

Address: Via Fieschi, 123, 19018 Corniglia SP, Italy

MANAROLA

Nessun Dorma

This popular wine bar and cafe offers stunning panoramic views of the coastline, along with a selection of local wines, gourmet paninis, and cheese platters.

Opening Hours: Daily, 10:00 am - 10:00 pm

Address: Località Punta Bonfiglio, 19017 Manarola SP, Italy

Trattoria dal Billy

Known for its fresh seafood and Ligurian specialties, this family-owned trattoria provides a cozy atmosphere and a terrace with sea views.

Opening Hours: Daily, 12:00 pm - 3:00 pm, 7:00 pm - 10:00 pm

Address: Via Aldo Rollandi, 122, 19017 Manarola SP, Italy

About Me



Hello!
I'm Pamela



I have been organizing and leading tours throughout Italy since 2011.

Fond experiences of time with my Italian grand-parents (grandfather born in Sicily) lead me to seek out and share authentic adventures in Italy.

- ❖ 23 years of experience in traveling to and from Italy. Currently living in Florence Italy.
- ❖ Passionate to work with local, family-owned, small businesses for authentic Italian experiences.

I can't wait to see what we can create together in the future. *Pamela Bomkamp*

Reach out to pamela@thewaytoitaly.com or TheWayToItaly.com